



LIGHT BITES

Cake of the day	£5.00
Soup of the day, toasted ciabatta (g/f)	£9.00
Smashed avocado, feta, fresh chilli, toasted sourdough (v)	£10.00
**Add Poached Eggs or Smoked Salmon	£3.00
Bacon butty; streaky bacon, ciabatta (g/f)	£11.00
Smoothie bowl, winter berries, banana, honey, chia seeds, granola, coconut (g/f)	£12.00

NIBBLES & SIDES

Grilled flatbread, hummus & olive oil (ve)	£6.00
Olives & smoked almonds (ve, g/f)	£6.50
Roasted edamame beans, dry miso (g/f)	£7.50
Lightly salted fries (ve, g/f)	£5.00
Bocconcini marinated in garlic & rosemary (v, g/f)	£7.50
Chargrilled tenderstem broccoli, season & soy (ve, g/f)	£5.00

If you have any questions regarding our ingredients or have a food allergy or intolerance, please inform your server before you order your meal or drinks. The allergy information relates to ingredients deliberately present in our dishes. It has been provided by our suppliers and all reasonable steps have been taken to ensure information is accurate. If you are sensitive to the traces of allergens, we are unable to guarantee that any of our foods are suitable for you.

MAINS

Ramen bowl, rice noodles, miso broth, soft-boiled egg, shredded vegetables (v, g/f)	£15.00
Tagliatelle served in a fresh tomato, onion, garlic, parsley & lemon cream (v)	£15.00
Butternut squash salad, rocket, feta, crispy onions, pumpkin seeds, dukkha soy & maple dressing (v, g/f)	£15.00
Caesar salad gem lettuce, shaved parmesan, sourdough croutons, soft-boiled egg (g/f)	£15.00

ADD A PROTEIN TO RAMEN, PASTA OR SALAD | £7.00

Grilled chicken | Pan-fried halloumi | Seared salmon fillet
Charred belly pork | Baked falafel

Chicken & bacon sandwich, miso & garlic mayonnaise, gem lettuce, tomato, served with dressed rocket & vegetable crisps (g/f)	£17.00
Steak sandwich, miso & garlic mayonnaise, gem lettuce, fried shallots, served with dressed rocket & vegetable crisps (g/f)	£18.00

PUDDINGS

Lemon posset, shortbread, freeze dried raspberries (v, gf)	£7.50
Tiramisu brandy & espresso-soaked sponge, mascarpone & vanilla (v)	£7.50
Plum & blackberry fool, meringue (v, g/f)	£7.50
Chocolate pot black cherry, vanilla mascarpone (v, g/f)	£7.50